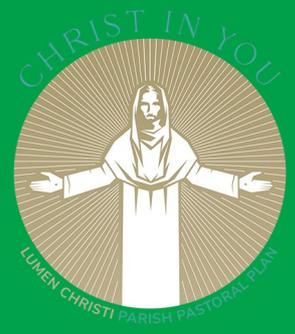


5TH SUNDAY IN ORDINARY TIME, B

4 FEBRUARY 2024

WORD OF GOD SUNDAY

Let the Word of God dwell in you in all its richness



MASS TIMETABLE

St Francis Xavier Cathedral, Wollongong

Monday	Mass: 7am
Tuesday	Mass: 7am
Wednesday	Mass: 7am
	Confessions: 11:30am
	Mass: 12.10pm
Thursday	Mass: 7am
Friday	Mass: 7am
	Adoration: 11:30am
	Confessions: 11:30am
	Mass: 12.10pm
Saturday	Confessions: 11am—12pm
Sunday	Mass: 7am, 10.30am & 5pm

St Brigid's, Gwynneville

Thursday	Mass: 9.30am
Saturday Vigil	Mass: 5.30pm
Sunday	Mass: 9am

St John Vianney Co-Cathedral, Fairy Meadow

Tuesday	Mass: 9.30am
Thursday	Mass: 9.30am (Italian)
Sunday	Mass: 8.30am
	Mass: 10am (Italian)
	Mass: 4.30pm (Vietnamese)

Mater Dolorosa, Balgownie

Sunday	Mass: 10am
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PARISH CENTRE

Office Hours: Monday to Friday 8.30am — 2.00pm
(Closed for Lunch 12pm—12.30pm)
36 Harbour St, Wollongong NSW 2500

CONTACT US

Phone: 02 4211 0500
wollongong@dow.org.au
lumenchristi.org.au

PARISH STAFF

Most Reverend Brian G Mascord,
Diocesan Bishop & Parish Priest
Very Reverend Bernard L Gordon,
Vicar General & Administrator
Reverend James Arblaster,
Assistant Priest & UoW Chaplain
Kevin Galea,
General Manager
Leanne Burlin,
Parish Secretary
Patricia Di Leva,
Administration Assistant

HOSPITAL CHAPLAIN

Wollongong Hospital: 0475 815 506

PASTORAL & FINANCE COUNCILS

Lisa de Paiva, Chair of the Pastoral Council
Vicky Davidson, Chair of the Finance Council

PARISH SCHOOLS

Kathy Uroda, Principal, St Brigid's Gwynneville
Lisa Tyson, Acting Principal, Good Samaritan Fairy Meadow

ACKNOWLEDGEMENT

We show our respect and acknowledge the Traditional Custodians of the Dharawal Country, Elders past, present, and emerging, and extend that respect to all other Aboriginal and Torres Strait Islander People.



LUMEN CHRISTI

CATHOLIC PARISH

MAY THEY REST IN GOD'S PEACE ...

Joan Percy, Margaret & Paul Gray.

PLEASE PRAY FOR OUR SICK PARISHIONERS ...

Bishop Peter Ingham, Fr David Catterall, Nelson Salinas, Joan O'Dowd, Alan Curtis, Matthew Johnson, Suzy May Gellel, Pat Carr, John Parkinson, Joseph Scalia, Bill Sharpe, Ron Cooper.

PIETÀ – LENTEN PROGRAM

The new Lenten Program (Booklet or CD) for 2024 is now available. To purchase the Program visit the parish online shop at: lumenchristi.org.au/shop

Lenten Books and CD's are \$4.50 each.

In our parish & around the diocese

PARISH CALENDAR: FEB—MAR 2024

- Tue, 6 Feb:** Mass of Anointing, SJV 9.30am
- Sun, 11 Feb:** Caritas launch (Project Compassion 2024)
- Wed, 14 Feb:** Ash Wednesday (refer to page 3)
- Fri, 16 Feb:** Reconciliation & Stations of the Cross SFX 5.30pm
- Sun, 18 Feb:** First Sunday of Lent
- Sun, 18 Feb:** Rite of Election
- Wed, 21 Feb:** Baptism Class, SFX 7pm
- Thu, 22 Feb:** Episcopal Anniversary of Bishop Mascord (2018)
- Fri, 23 Feb:** Reconciliation & Stations of the Cross SFX 5.30pm
- Sun, 25 Feb:** Second Sunday of Lent
- Thu, 29 Feb:** Staff Development Day, Parish Office Closed
- Fri, 1 Mar:** Reconciliation & Stations of the Cross SFX 5.30pm
- Sat, 2 Mar:** Stewardship Mass, SFX 10am
- Tue, 5 Mar:** Finance Council Mtg
- Wed, 6 Mar:** Pastoral Council Mtg
- Mon, 2 Feb:** CWL Fairy Meadow Branch Mtg, MDB 2pm
- Mon, 4 Mar:** CWL Fairy Meadow Branch Mtg, MDB 2pm

SACRAMENTS

- ♦ **Baptisms:** By appointment only. Baptism preparation session must be completed. Contact the parish office or book online lumenchristi.org.au/baptism)
- ♦ **Marriages:** A preliminary appointment needs to be made at least 6 months prior to Wedding Date (**No Sunday weddings in our parish**)
- ♦ For Pastoral and Sacramental needs, please contact the parish office during office hours

HELPFUL LINKS

- ♦ **Mass for you at Home:** youtube.com/massforyouathome
- ♦ **Mass/Prayer Intentions:** lumenchristi.org.au/intentions
- ♦ **Light a Votive Candle:** lumenchristi.org.au/votive
- ♦ **Census Form:** lumenchristi.org.au/census
- ♦ **Online Donations:** lumenchristi.org.au/donate
- ♦ **Join Planned Giving:** lumenchristi.org.au/support
- ♦ **Columbarium:** lumenchristi.org.au/columbarium
- ♦ **Sacramental Programme:** lumenchristi.org.au/sacramental
- ♦ **Privacy Policy:** privacy.lumenchristi.org.au
- ♦ **St Brigid's School:** sbgdow.catholic.edu.au
- ♦ **Good Samaritan School:** gsfmdow.catholic.edu.au

PARISH EFT BANK ACCOUNT DETAILS

CHURCH ACCOUNT

(Donations & Planned Giving)

BSB: 066 711 **Account:** 008056

Account Name: Lumen Christi Parish

PRESBYTERY ACCOUNT

(For the Clergy)

BSB: 066 711 **Account:** 002286

Account Name: Lumen Christi Parish Presbytery



ASH WEDNESDAY MASS TIMES 2024

Ash Wednesday commences Lent, a sacred time for our hearts to be renewed and purified. This year Ash Wednesday will be celebrated on **14th February**. Ash Wednesday is a day of fast and abstinence and the blessed ashes are sprinkled over our heads as a sign of repentance.

Please note this year's Ash Wednesday Mass timetable:

St Francis Xavier Cathedral

7am, 12.10pm & 6pm

St John Vianney Co-Cathedral

10.30am (includes Good Samaritan Parish School)

St Brigid's Church

9.30am (includes St Brigid's Parish School)

RECONCILIATION & STATIONS OF THE CROSS

Reconciliation and Stations of the Cross will be offered at St Francis Xavier Cathedral every Friday during Lent.

Reconciliation **5.30pm**

Stations of the Cross **6.30pm**

CLERGY APPOINTMENTS

Bishop Mascord has made the following clergy appointments to commence 18 February 2024, the First Sunday of Lent.

NOWRA PARISH

Fr Victor Vincent (currently Assistant Priest Camden) will be Assistant Priest to Nowra Parish, working with Parish Priest Fr Joseph Pothenparampil. Fr Victor will reside in Vincentia.

ORAN PARK PARISH

Fr Feleki Tautunu (Assistant Priest Campbelltown) will be assisting Fr David Catterall at Oran Park Parish.

Fr Richard Healey will be returning from Vincentia in Nowra Parish to Campbelltown Parish and continue as Assistant priest.

CAMDEN PARISH

Fr James Arblaster (currently Assistant Priest Lumen Christi) is appointed Assistant Priest to Camden Parish, working with Parish Priest Fr Michael Williams.

Fr James farewell Mass will be at St Francis Xavier Cathedral at 10.30am Mass on Sunday 11th February followed by a cuppa! Please come to farewell Fr James!

For more information on bequests please visit: lumenchristi.org.au/bequest

In our parish & around the diocese



CHRIST IN YOU

LUMEN CHRISTI PARISH PASTORAL PLAN

“To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in You, the hope of glory”

Colossians 1:27

As bearers of Christ's love called to Come and See, Go and Make disciples, our Lumen Christi Parish seeks to reveal the Light of Christ to the world through ...

COMMUNITY LIFE

“And over all these put on love”

Colossians 3:14

Nourishing each other in Christ's compassion, kindness and patience, appreciating our differences and being bound together in perfect unity, reaching out to others in welcome.

WORSHIP

“Let the Word of God dwell in you in all its richness”

Colossians 3:16

Celebrating prayerful liturgies that praise God, lifting our hearts and singing with thankfulness, expressing our faith and enriching our understanding of God's love for us.

MISSION

“It is Christ whom we preach”

Colossians 1:28

Actively witnessing to Christ in generous service of others, responding wholeheartedly to the needs of the wider community, making known the heart of Christ to those we meet.

STEWARDSHIP

**“Whatever you do, do it wholeheartedly,
working for the Lord”**

Colossians 3:23

Seeing the talents in others, encouraging each other to exercise our personal gifts, developing our resources for the wellbeing of our parish and wider community.

PARISH SUPPORT

“In Christ all things hold together”

Colossians 1:17

Promoting the ministries of our parish groups and schools, ensuring the continuing development of our parish staff, laying foundations for our parish to grow into the future.

EXPLANATION OF OUR PASTORAL PLAN

Dear Parishioners,

Opposite is the Christ in You Pastoral Plan. It is a very short document that indicates five main areas of our parish life. Each area has an inspiring quote from St Paul's Letter to the Colossians and makes a brief statement about its connected pastoral goals. The Pastoral Plan will be published on Pentecost Sunday, the great day of the Spirit's outpouring on all nations and the birth of the Church's mission to all the peoples of the earth. By Baptism and Confirmation we are empowered to play our part in that mission.

The plan is short so that it may be accessible and easily given to others. It is a missionary document to be made readily available to family, friends, and all those we meet and may be interested to know who we are and how we commit ourselves to live and serve. It will be printed so that it can fit into a person's hand.

Each of the five areas of the Pastoral Plan has a more specific list of practical goals (strategies) to bring the main pastoral goals to life. They will be published in the Bulletin for your reflection and suggestions over the first five weeks of Lent:

- **Community Life Strategies** - 1st Sunday of Lent, 18/2
- **Worship Strategies** - 2nd Sunday of Lent, 25/2
- **Mission Strategies** - 3rd Sunday of Lent, 3/3
- **Stewardship Strategies** - 4th Sunday of Lent, 10/3
- **Parish Support Strategies** - 5th Sunday of Lent, 17/3

Please read and reflect upon these documents and make any suggestions to the Pastoral Plan Team at:

lc.pastoralplan@dow.org.au

By our reflection on Christ's mystery in us and the goals we set for our life, worship and service, we will gain a new confidence in our mission. Indeed, the key is to realise that Christ makes us the mission, in that we learn to give ourselves through words that bring God's light and good deeds that make present God's love to everyone.

Fr Bernard

PIETÀ – LENTEN PROGRAM

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Lenten Books and CD's are \$4.50 each.



For more information on our Columbarium please visit: lumenchristi.org.au/columbarium

Entrance Antiphon

Psalm 94:6-7

O come, let us worship God
and bow low before the God who made us,
for he is the Lord our God.

First Reading

Job 7:1-4, 6-7

A reading from the book of Job

I am filled with sorrow all day long.

Job began to speak:

Is not man's life on earth nothing more than pressed service,
his time no better than hired drudgery?
Like the slave, sighing for the shade,
or the workman with no thought but his wages,
months of delusion I have assigned to me,
nothing for my own but nights of grief.
Lying in bed I wonder, 'When will it be day?'
Risen I think, 'How slowly evening comes!'
Restlessly I fret till twilight falls.
Swifter than a weaver's shuttle my days have passed,
and vanished, leaving no hope behind.
Remember that my life is but a breath,
and that my eyes will never again see joy.

Responsorial Psalm

Ps 146:1-6. R. v.3

(R.) Praise the Lord who heals the broken-hearted.

1. Praise the Lord for he is good;
sing to our God for he is loving:
to him our praise is due. **(R.)**
2. The Lord builds up Jerusalem
and brings back Israel's exiles,
he heals the broken-hearted,
he binds up all their wounds.
He fixes the number of the stars;
he calls each one by its name. **(R.)**
3. Our Lord is great and almighty;
his wisdom can never be measured.
The Lord raises the lowly;
he humbles the wicked to the dust. **(R.)**

Second Reading

1 Corinthians 9:16-19, 22-23

A reading from the first letter of St Paul to the Corinthians

Punishment will come to me if I do not preach the Gospel.

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this: in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me.

So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. For the weak I made myself weak. I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessings.

Gospel Acclamation

Matthew 8:17

Alleluia, alleluia!
He bore our sickness,
and endured our suffering.
Alleluia!

Gospel

Mark 1:29-39

A reading from the holy Gospel according to Mark

He cured many who suffered from diseases of one kind or another.

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them.

That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was.

In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.

Communion Antiphon

Cf Psalm 106:8-9

Let them thank the Lord for his mercy,
his wonders for the children of men,
for he satisfies the thirsty soul,
and the hungry he fills with good things.

REFLECTION by Fr Michael Tate

The Divine Touch

The mother-in-law of Simon (Peter) was sick in bed with a raging fever. When Jesus learned about her distressed state, he 'took her by the hand and helped her up'. He broke the taboo about physical contact with a woman not his relative because he wanted to holistically heal her dis-ease.

Simon's mother-in-law didn't need an aspirin and a cup of tea. She felt quarantined, isolated, and needed a hand reassuring her of sociable relationships. Jesus overcame her fever and her dis-ease with the world.

At every Mass we exchange a physical gesture at the greeting of Peace. This quite often overcomes being ill-at-ease with a family member or just with the neighbour in the pew. We need to take that symbolic action into the world. For somebody, it may be the most touching thing we ever do.

We could pause for a moment to identify that person who needs us to reach out, to take their hand and help them up.

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