



LUMEN CHRISTI
CATHOLIC PARISH

Share the **GOOD NEWS OF SALVATION**

9 AUGUST 2026

19TH SUNDAY IN ORDINARY TIME, A

Liturgy schedule in our parish

ST FRANCIS XAVIER CATHEDRAL

36 Harbour Street, Wollongong

Monday: Mass: 7am
Tuesday: Mass: 7am
Wednesday: Mass: 7am
Confessions: 11:30am
Mass: 12.10pm
Thursday: Mass: 7am
Friday: Mass: 7am
Adoration: 11:30am
Confessions: 11:30am
Mass: 12.10pm
Saturday: Confessions: 11am—12pm
Sunday: Mass: 7am, 10.30am & 5pm

ST JOHN VIANNEY, CO-CATHEDRAL

1 Cabbage Tree Lane, Fairy Meadow

Tuesday: Mass: 9.30am
Sunday: Mass: 8.30am, 4.30pm (Vietnamese)

MATER DOLOROSA CHURCH,

47 Balmoral Road, Balgownie

Sunday: Mass: 10am
Children's Liturgy (3rd Sunday)

ST BRIGID'S CHURCH

119 Gipps Road, Gwynneville

Saturday: Mass: 5.30pm
Thursday: Mass: 9.30am
Sunday: Mass: 9am



**SUPPORT
OUR PARISH**

Parish Centre

PARISH OFFICE

**36 Harbour St, (P.O. Box 874)
Wollongong NSW 2500**

OFFICE HOURS

**Monday to Friday 8.30am — 2.00pm
(Closed for Lunch 12pm—12.30pm)**

CONTACT US

02 4211 0500

wollongong@dow.org.au

lumenchristi.org.au

linktr.ee/lumenchristiparish



MAY THEY REST IN GOD'S PEACE...

Mary Greco, Tanya Bajda, Anneliese Bajda, Karl Bajda, Paulina Chomicz, Michal Chomicz.

PLEASE PRAY FOR OUR SICK PARISHIONERS...

Duc Trong Nguyen, Maureen Harrison, Lorraine Cook, Jacek McLaurin, Angela Mosley, Brian Mattock, Jim Lyon, Teresa George, Chiara Sirianni, Joyce Milan, Noel Meddows, Dianne Hukins, Matthew Johnson, Pat Carr, John Gauci, Joseph Scalia, Liesl Caiba.

*"Take **courage**, it
is I; do not be
afraid"
(Matthew
14:22–33):*

ACKNOWLEDGEMENT

We show our respect and acknowledge the Traditional Custodians of the Dharawal Country, Elders past, present, and emerging, and extend that respect to all other Aboriginal and Torres Strait Islander Peoples.



OUR

Sacraments

SCAN TO VISIT OUR WEB PORTAL



Welcome to LUMEN CHRISTI PARISH

Parish Calendar

Wed, 12 Aug: Wollongong CWL Meeting, Xavier Ctr 10am
 Fri, 14 Aug: Vigil, Solemnity of the Assumption SFX 6pm
 Sat, 15 Aug: Solemnity of the Assumption, SFX 7am & 12.10pm
 Sun, 16 Aug: Children's Liturgy 10am, MDB
 Thur, 03 Sep: Parish Lunch, The Builders Club Wollongong 12pm
 Sun, 06 Sep: Father's Day
 Sun, 06 Sep: Marriage Anniversaries Mass, SFX 2pm
 Sun, 06 Sep: Hospitality weekend
 Mon, 07 Sep: Fairy Meadow CWL Meeting, MDB 2pm

Accessibility Parking Changes at St Francis Xavier

To improve accessibility and prepare for the upcoming St Francis Xavier Cathedral Exterior Renewal Project, changes will be made to the Cathedral car park from Monday, 24 August 2026.

Three dedicated accessible parking spaces will be relocated to the left-hand side as you enter the Cathedral grounds. These new spaces have been designed and marked in accordance with current accessibility standards.

As part of these works, the existing accessible parking spaces will be decommissioned, particularly in preparation for the Cathedral restoration works commencing on 1 September 2026.

New signage identifying the accessible parking spaces will be installed, and these locations will become the permanent accessible parking bays for the Cathedral precinct.

Further changes to parking and traffic flow will be introduced as the restoration project progresses. We thank you for your patience, understanding and cooperation as we undertake these important works to preserve our Cathedral for future generations.



First Reconciliation and First Communion

Enrolments are now open for the First Reconciliation and First Holy Communion Sacramental Program.

To enrol your child and view the program information, please visit: lumenchristi.org.au/sacramental

BISHOP OF WOLLONGONG

Most Reverend Brian G Mascord,
Diocesan Bishop

PARISH STAFF

Very Reverend Bernard L Gordon,
Vicar General, Dean of the Cathedral
& Parish Priest

Reverend Cang Tran,
Assistant Priest

Kevin Galea,
General Manager

Leanne Burlin,
Parish Office Coordinator

Patricia Di Leva,
Administration Assistant

WOLLONGONG HOSPITAL
Emergency Calls: 0475 815 506

PARISH COUNCILS

Kathy Uroda,
Chair of the Pastoral Council

Vicky Davidson,
Chair of the Finance Council

PARISH SCHOOLS

Amy Sammut, Principal
St Brigid's Gwynneville

Pauline Chrostowski, Principal
Good Samaritan Fairy Meadow

PARISH EFT BANK ACCOUNT DETAILS

CHURCH ACCOUNT:
DONATIONS & PLANNED GIVING
BSB: 066 711 Account: 008056
Account Name: LC Parish

PRESBYTERY ACCOUNT:
FOR THE CLERGY
BSB: 066 711 Account: 002286
Account Name: LC Presbytery

HOSPITAL CHAPLAIN

Wollongong Public/Private
Phone: 0475 815 506





The 54th International **EUCHARISTIC** **CONGRESS 2028 | SYDNEY, AUSTRALIA** *Our Parish Eucharistic Congress Logo*

The Lumen Christi Parish Eucharistic Congress logo is inspired by the official International Eucharistic Congress identity while expressing the mission and spirituality of our own parish community.

At the heart of the logo is Jesus Christ, holding the Sacred Host above the Chalice. This reminds us that the Eucharist is the real presence of Christ—the source and summit of our faith—and the centre of everything we do as a parish.

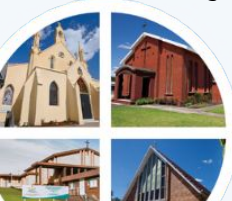
The radiating golden light behind Christ represents the glory of God shining into the world through the Eucharist. It reminds us that every celebration of the Mass sends us out to be Christ's light in our families, workplaces and community.

The gold symbolises the sacredness, majesty and eternal presence of Christ in the Blessed Sacrament. It reflects the beauty of the heavenly banquet to which we are all invited.

The teal represents hope, renewal and living faith. It also reflects the coastal identity of our local Church, reminding us that, like the waters that surround our region, God's grace continually renews and gives life to His people.

Together, these colours proclaim a Church that is both deeply united in the mystery of the Eucharist and joyfully looking to the future.

Our parish logo is more than a visual identity. It is an invitation for every parishioner to gather around the altar, deepen their relationship with Jesus in the Eucharist, and become missionary disciples who bring His love to the world. May this logo continually remind us that Christ is truly present among us and calls us to be one Body in Him for the healing of the world.



Father's Day Intentions

Let us pray for all our fathers. Whether they are living or have been called to eternal life, you are invited to join our parish in honouring all our fathers.

If you would like to include an Intention on our list for Father's Day Go to: lumenchristi.org.au/fathersday or collect a Father's Day envelope from the doors of the church or at the parish office.

The names of the fathers given to us will be published in the Bulletin on Father's Day Sunday, September 6.

Please note that the Intention list will close 31 August.

Relics of St Carlo Acutis Coming to St Francis Xavier Cathedral

The Relics of St Carlo Acutis will be welcomed to St Francis Xavier Cathedral, Wollongong, from **18–21 September 2026**.

This pilgrimage of grace offers us a unique opportunity to venerate the relic of one of the Church's newest and most inspiring saints. Throughout the pilgrimage there will be Mass, Eucharistic Adoration, the Sacrament of Reconciliation, opportunities for personal prayer, veneration of the relic, and an exhibition on the life of St Carlo Acutis. A special Blessing for **Teenagers** will also take place during the **10.30am Mass on Sunday 20 September 2026 at St Francis Xavier Cathedral**.

We warmly invite all parishioners, families, schools and visitors to be part of this grace-filled occasion.

For the full pilgrimage program and event details, visit:

lumenchristi.org.au/stcarloacutis.

Upcoming Masses in our parish

Friday, 14 August 2026

Solemnity of the Assumption of the Bl Virgin Mary
St Francis Xavier Cathedral, Wollongong

6.00pm – Vigil Mass

Saturday, 15 August 2026

Solemnity of the Assumption of the Blessed Virgin Mary
St Francis Xavier Cathedral, Wollongong

7.00am – Mass

11.00am – Reconciliation

12.10pm – Mass

Sunday, 30 August 2026

Mass for Couples Preparing for Marriage
St Francis Xavier Cathedral, Wollongong

10.30am – Mass (Register for couples is required)

lumenchristi.org.au/rsvp

THIS WEEK'S *Readings & Commentary*

Entrance Antiphon

Cf Psalm 73:20,19,22,23

Look to your covenant, O Lord,
and forget not the life of your poor ones for ever.
Arise, O God, and defend your cause,
and forget not the cries of those who seek you.

First Reading

1 Kings 19:9.11-13

A reading from the first book of the Kings

Go out and stand on the mountain before the Lord God.

When Elijah reached Horeb, the mountain of God, he went into the cave and spent the night in it. Then he was told, 'Go out and stand on the mountain before the Lord.' Then the Lord himself went by. There came a mighty wind, so strong it tore the mountains and shattered the rocks before the Lord. But the Lord was not in the wind. After the wind came an earthquake. But the Lord was not in the earthquake. After the earthquake came a fire. But the Lord was not in the fire. And after the fire there came the sound of a gentle breeze. And when Elijah heard this, he covered his face with his cloak and went out and stood at the entrance of the cave.

Responsorial Psalm

Ps 84:9-14. R. v.8

(R.) Lord, show us your mercy and love,
and grant us your salvation.

1. I will hear what the Lord God has to say,
a voice that speaks of peace.
His help is near for those who fear him
and his glory will dwell in our land. **(R.)**

2. Mercy and faithfulness have met;
justice and peace have embraced.
Faithfulness shall spring from the earth
and justice look down from heaven. **(R.)**

3. The Lord will make us prosper
and our earth shall yield its fruit.
Justice shall march before him
and peace shall follow his steps. **(R.)**

Second Reading

Romans 9:1-5

A reading from the letter of St Paul to the Romans

I would willingly be condemned if it could help my people.

What I want to say is no pretence; I say it in union with Christ – it is the truth – my conscience in union with the Holy Spirit assures me of it too. What I want to say is this: my sorrow is so great, my mental anguish so endless, I would willingly be condemned and be cut off from Christ if it could help my brothers of Israel, my own flesh and blood. They were adopted as sons, they were given the glory and the covenants; the Law and the ritual were drawn up for them, and the promises were made to them. They are descended from the patriarchs and from their flesh and blood came Christ who is above all, God for ever blessed! Amen.

Gospel Acclamation

Psalm 129:5

Alleluia, alleluia!
I hope in the Lord,
I trust in his word.
Alleluia!

Gospel

Matthew 14:22-33

A reading from the holy Gospel according to Matthew

Command me to come to you over the water.

Jesus made the disciples get into the boat and go on ahead to the other side while he would send the crowds away. After sending the crowds away he went up into the hills by himself to pray. When evening came, he was there alone, while the boat, by now far out on the lake, was battling with a heavy sea, for there was a head-wind. In the fourth watch of the night he went towards them, walking on the lake, and when the disciples saw him walking on the lake they were terrified. 'It is a ghost' they said, and cried out in fear. But at once Jesus called out to them, saying, 'Courage! It is I! Do not be afraid.' It was Peter who answered. 'Lord,' he said 'if it is you, tell me to come to you across the water.' 'Come' said Jesus. Then Peter got out of the boat and started walking towards Jesus across the water, but as soon as he felt the force of the wind, he took fright and began to sink. 'Lord! Save me!' he cried. Jesus put out his hand at once and held him. 'Man of little faith,' he said 'why did you doubt?' And as they got into the boat the wind dropped. The men in the boat bowed down before him and said, 'Truly, you are the Son of God.'

Communion Antiphon

Psalm 147:12,14

O Jerusalem, glorify the Lord,
who gives you your fill of finest wheat.

REFLECTION by Fr Michael Tate

Keep Rowing!

The disciples had started off from the Jewish side of the Sea of Galilee, familiar territory. Jesus guided them through the stormy situation to 'the other side', the pagan side, unfamiliar territory where they would not have felt at home.

Buffeted by storms, the Church is in the midst of a journey from familiar to unfamiliar territory.

Some of the storms include a new attitude to authority, to gender roles. There is anger and suspicion at sexual abuse and its cover up. Many of our contemporaries are openly hostile or contentedly indifferent.

In all these situations and many more, Our Lord will not allow us the indulgence of nostalgic yearning for the safety of the past country inhabited by the Church. We are not to throw Tradition with a capital 'T' overboard. To jettison the spirit-led experience of the Church over two millennia will not help us. Discerning tradition from nostalgia, we must make our way to the other shore.

We could pause for a moment, resolving to row with courage because we know we are in the same boat as Peter whom our Risen Lord assures:

'Do not be afraid.'

